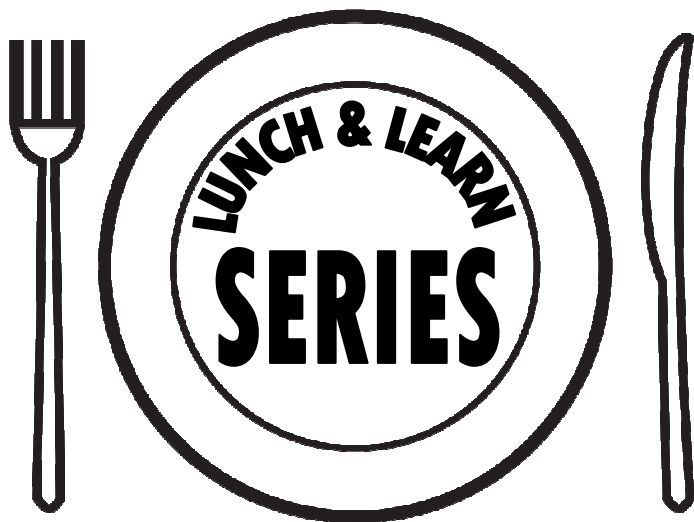


**NEW Lunch & Learn Series
coming to YOUR site!**



Featuring info on our Alzheimer's/Dementia

LENDING LIBRARY

JOIN US on these upcoming dates:

PORTLAND: Tues. DECEMBER 12 * 11:30am – NOON.

First Congregational Church, 421 E. Bridge St.

SARANAC: Tues. JANUARY 23 * 11:30am – NOON.

Saranac Senior Housing, 320 Summit St.

BELDING: Tues. FEBRUARY 13 * 11:30am – NOON.

Belhaven Community Room, 41 Belhaven.

IONIA: Tues. MARCH 26 * 11:30am – NOON.

Ionia County Commission on Aging, 115 Hudson St.

CLARKSVILLE: Tues. APRIL 23 * 11:30am - NOON.

Clarksville Community Center, 162 S. Main St.

LAKE ODESSA: Tues. MAY 14 * 11:30am – NOON.

Emerson Apartments, 1175 Emerson St.

Have a tasty lunch with friends and learn about our new Alzheimer's/Dementia Lending Library coming to ALL our meal site locations!

Healthy Aging Specialist **RACHEL YENCHAR** will present on this new, helpful **FREE** resource. We'll also celebrate our 50th anniversary and have a look back at some important milestones.

Our new **LENDING LIBRARY** features books with topics important to families & caregivers seeking to understand changes in loved ones with Alzheimer's or dementia.

Books are available at no charge and cover a variety of subjects: Info for families & caregivers, books for adults living with memory impairments, and books for children.

Visit the Commission on Aging office (next to the Ionia Senior Center at 115 Hudson St. Ionia) or contact Rachel at (616) 527-5365 OR email ryenchar@gmail.com.

EASY check out process: Just sign books out with your name & phone number, and return them when done.

Provided by Women United at the Gathering Place, a collaborative of volunteers working to support community projects in Ionia and Montcalm counties.

