

Congregate Meal Sites

Join new friends for delicious meal!

BELDING: Tues. & Thurs. at 11:30

Belhaven Community Room, 41 Belhaven

CLARKSVILLE: Tues. & Thurs. at 11:30

Clarksville Community Center, 162 S. Main

IONIA: Tues. & Thurs. at 11:30

ICCOA Senior Center, 115 Hudson St.
&

Evening Meals: Select Evenings at 5pm,
Watch out newsletter for announcements.

LAKE ODESSA: Tues. & Thurs. at 11:30

Temporarily closed.

SARANAC: Tues. & Thurs. at 11:30

Senior Housing, 320 Summit St.

PORTLAND: Tues. & Thurs. at 11:30

First Congregational Church, 421 E. Bridge St. (Smith St. entrance)

Please note our RSVP requirements:

- Please RSVP for Tuesday meals by Thursday at 1:30pm.
- Please RSVP for Thursday meals by 1:30 the Tuesday before the meal.

RSVP at your site or call ICCOA:
(616) 527-5365 or (888) 527-5365.

Suggested donation of \$3 for 60+ Seniors and their spouse or caregiver.

ICCOA Newsletter

Get news & info, including menus, special events, new programs and service updates each month in our newsletter!

Call (616) 527-5365 or (888) 527-5365 to sign up or email us at:

iccoa@ioniacounty.org

Newsletter is also available on our website:
www.ioniacounty.org/health/commission-on-aging/

Or find us on [Facebook](#) where we regularly post about other news of interest to Seniors and their families!

The Ionia County Commission on Aging is funded by

The Ionia County Senior Millage.

State Appropriations and Older Americans Act Federal Funds through the Office of Services to the Aging and Area Agency on Aging of Western Michigan, Inc.



Michigan Department of Transportation funding in collaboration with the City of Ionia Dial-A-Ride.

Ionia County Board of Commissioners support in various forms.

Community Support in the form of client donations and memorials, local business and agency donations and other support and fundraising events.

The Ionia County Commission on Aging is committed to ensuring that no person is excluded from participation in, or denied the benefits of, COA services on the basis of race, color, national origins, gender, age or disability.



Ionia County Commission on Aging 50 Year Anniversary: Celebrating SENIORS Since 1973!

Ionia County Commission on Aging



115 Hudson St. Ionia MI 48846
(616) 527-5365 • (888) 527-5365

Office Hours: Monday-Friday,
8:30am—5:00pm

Adult Day Services
Congregate Meals
Home Delivered Meals
In-Home Services & Respite Care
Information & Referral
MMAP Counseling
Memory Cafe
Senior Center Activities
Senior Project Fresh
Support Groups & Services
Transportation
Volunteer Opportunities
Wellness & Healthy Aging



The Ionia County Commission on Aging works to strengthen the well-being of all Ionia County Seniors and to promote their independence.

Eligibility Individuals **60** years of age or older.

Cost No set charge for most services, but client support is made through donations, cost sharing or private pay.

Services

Meals on Wheels™ We deliver five-days-per week! This may include a mix of hot, cold and frozen meals, fresh from our kitchen. Holidays may result in delivery schedule changes.

In Home Services include Homemaker, Respite and Home Health Aide Services including bathing assistance and toenail care. Wellness Checks are also available to check in with loved ones. Please call to learn more.

Blue Skies Adult Day Program welcoming seniors 60 and up with memory issues. Open weekly on Thursdays.

Transportation is available for trips both within Ionia County and to appointments outside the county as our schedule permits. Call for more info and to schedule a trip at (616) 527-5365.



Senior Center

Our Senior Center in downtown Ionia welcomes you!



Activities & Programs

Caregiver Support Group meets the 2nd and 4th Thursday of each month from 11:30-12:30. Zoom available if prearranged. Call (616) 330-4432. Lunch available with RSVP.

Coffee Klatch Join us for coffee, camaraderie, conversation. Mondays from 10-11:30.

Congregate Meals Enjoy a delicious meal and make new friends at one of our six sites in Ionia County. RSVP required, details on back.

Our **Euchre Group** meets each Wednesday 12:30-3:30. Call for more information (616) 527-5365.

Memory Café An inclusive weekly gathering for Seniors 60+ affected by memory issues and their caregivers to attend together. Tuesdays, noon-1:30. Lunch also available with prior RSVP.

Movie Night or Matinee! Join friends for a meal and a movie on select evenings in Ionia.

Painting Group— Returns January 2026!

Special Events are hosted throughout the year. Tech Savvy Senior Workshops, Lunch and Learns, Grand Valley Strings Music and other programming is offered throughout the year.

Check our newsletter, website, Facebook or call for more info!



Wellness & Healthy Aging

Join us in-person or on ZOOM. Classes include Arthritis Exercise, EnhanceFitness, Tai Chi, A Matter of Balance and Walk With Ease. New participants are always welcome. Classes are hosted regularly in Ionia and at satellite sites around Ionia County.



Yarn Circle— ICCOA's Knit/Crochet Group meets Thursdays from 1:30-3:30 In Ionia. Learn to knit, share your skills. All are welcome!

Equipment Exchange + Brief Bank

Donate your items and we will re-distribute to other Ionia County Seniors or find an item you need - shower seats, commodes, more. Brief Bank provides help with monthly incontinence supplies. Call for details!

Info & Referral is just a phone call away and your call is welcome. A caseworker can help locate the resources you need.

SHIP assistance is available with two trained counselors on staff (formerly MMAP, Medicare/Medicaid Assistance Program).

Senior Project Fresh Helps eligible Ionia County residents purchase fresh fruits and vegetables at Michigan Farm Markets during summer months.

Tax Returns and MI Credits Assistance
Free help available annually.

Volunteer Opportunities

Meals on Wheels Delivery, Transportation Drivers, Tax Prep Help and more. Call (616) 527-5365 to learn how you can make a difference in your community.