

Caregiver Support, continued

Free Lending Library with books on Alzheimer's and dementia for families, caregivers, and those living with memory impairments.

Info & Referral to other resources is just a phone call away and your call is welcome. A caseworker can help locate the resources you need.



Ionia County Commission on Aging
115 Hudson St, Ionia, MI 48846
(616) 527-5365

Newsletter

Get news & info, including menus, special events, new programs and service updates each month in our newsletter!

Call (616) 527-5365 or (888) 527-5365
or email us to sign up:

iccoa@ioniacounty.org

Newsletter is also available on our website:
www.ioniacounty.org/health/commission/on-aging/

Or find us on Facebook where we regularly post about our programs and other news of interest to Seniors and their families!

The Ionia County Commission on Aging is funded by:

The Ionia County Senior Millage.

State Appropriations and Older Americans Act
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Michigan Department of Transportation
funding in collaboration with the
City of Ionia Dial-A-Ride.

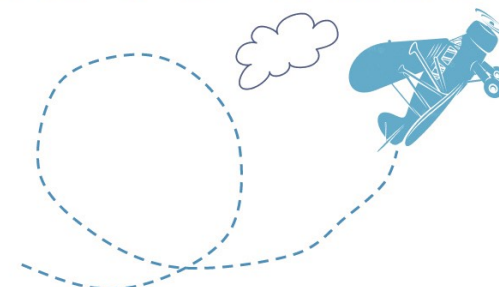
Ionia County Board of Commissioners support in
various forms.

Community Support in the form of client donations
and memorials, local business and agency dona-
tions and other support and fundraising events.



The Ionia County Commission on Aging is committed to ensuring that no person is excluded from participation in, or denied the benefits of, ICCOA services on the basis of race, color, national origins, gender, age or disability.

BLUE SKIES



Adult Day Program

Welcoming Seniors 60 and
up with Memory Issues.

Activities, meals, recreation,
designed for Seniors.

Blue Skies is a program of
the Ionia County Commis-
sion on Aging.



Celebrating Seniors

(616) 527-5365 • iccoa@ioniacounty.org

BLUE SKIES



Adult Day Program

Ionia County Commission on Aging
(616) 527-5365

Ionia County Commission on Aging's Blue Skies Adult Day Program provides a weekly opportunity for caregivers to enjoy a day of respite, while their loved one is engaged in stimulating and safe activities outside the home.

Blue Skies focuses on care for Seniors 60 and up with memory issues and features socialization, enriching programming and a delicious meal. The program offers a fun and welcoming environment with care provided by trained ICCOA staff.

Blue Skies was created to give families an affordable care option that can combine with other available services and support to create an effective care plan for their loved one. The program is hosted:

- Weekly on Tuesdays & Thursdays from 9:30am –3:30pm.
- At the Easton United Methodist Church Fellowship Hall, 4970 Potters Road in Ionia.



The hall and grounds offer a relaxing, rural landscape and a fully accessible entrance.

Benefits of Blue Skies

- Transportation services to and from Blue Skies in ICCOA's fully accessible fleet.



- Assistance provided by trained ICCOA aides.

- A nutritious, noontime meal is served from ICCOA's kitchen.

- Weekly schedule of activities, tailored to participants, plus memory care and wellness activities to help maintain cognitive ability.

Participants enjoy a day of stimulation and fun and return home at the end of the day with a sense of satisfaction at having benefitted from a day of activities with new friends.



Inclement Weather May Disrupt Services

Blue Skies Adult Day Program: If Ionia Public Schools are closed due to weather, *the Blue Skies Adult Day Program* will also be canceled.

ICCOA Offices: Unless the county is CLOSED, our offices are OPEN.

Admission

Admission into Blue Skies begins with an in-person assessment to ensure the care recipient will thrive in the environment.

Blue Skies services are based on a social model which focuses on activities, meals and recreation, for seniors 60 and up with memory issues.

Clients need to be able to leave their home and ambulatory with some assistance. Clients also need to be able to feed themselves and able to benefit from socialization.



Additional Caregiver Support

ICCOA offers a variety of services to support family caregivers. We encourage you to explore all the options and to build a calendar of care for you and your loved one. We can also assist you with that. Some additional help our agency can provide includes:

Caregiver Support Group meets the 2nd and 4th Thursday of each month from 11:30-12:30. Zoom available if prearranged. Call (616) 527-5365 to speak with Rachel or Michelle. Lunch is available with prior RSVP.

Memory Café is an inclusive, weekly get together for Seniors 60 and up with memory issues, to attend together with their caregivers. Tuesdays, noon-1:30 at ICCOA's Senior Center in Ionia. Lunch is also available with prior RSVP.



Continued on next page