



CONGREGATE-TO-GO!



NEW Meal Service for Seniors starting TUESDAYS in OCTOBER

You get a handy, reusable COA-branded insulated bag to pick up your lunch at our **NEW EASY drive-thru service.**

Pick-up available from **11:30am to 12:30pm** at the parking lot just south of the **Ionia Senior Center every TUESDAY in October.**

Sponsored by the Ionia County Commission on Aging. RSVP the Friday before by **NOON.** (616) 527-5365 or toll-free 888-527-5365

Suggested donation of \$3.00 for 60+ seniors and their caregivers, \$5.00 charge for others.



"Congregate-to-GO" OCTOBER MENU
Each meal includes fresh fruit, milk & water.

OCT. 6

Lasagna, Italian Green Beans, Pie.
FREE 3-pack/reusable cloth masks GIVEAWAY!

OCT. 13

Sloppy Joe, Baked Beans, Corn, Apple Crisp.
FREE bag of FRESH APPLES!

OCT. 20

Swiss Steak, Whipped Potatoes, Carrots, Dinner Roll, Sweet Treat.
FREE puzzle or game book GIVEAWAY

OCT. 27

Ham & Potato Soup, Broccoli, Pie.

Special COA Fundraiser OCT. 27 ONLY:
Buy a loaf of fresh, homemade white bread for only \$3 and help support ICCOA.

FREE giveaways limited to inventory on hand, while supplies last. Our thanks to EightCAP for providing masks.