



Semi-Annual Report

October 2018

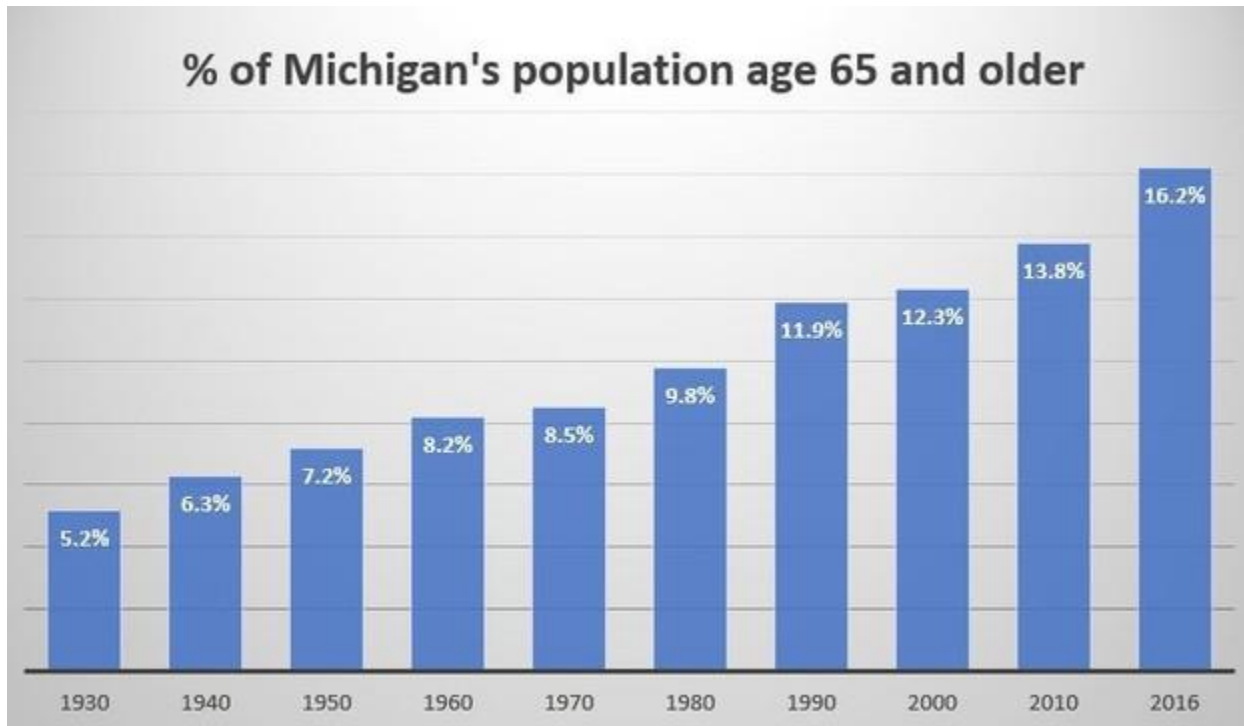
Ionia County Commission on Aging

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PLANNING FOR THE FUTURE

The goal of the Ionia County Commission on Aging is to strengthen the well-being of all Ionia County Senior Citizens and to be the cornerstone of support services for their continued independence.



https://www.mlive.com/news/index.ssf/2018/01/aging_michigan_senior_citizens.html

Michiganders age 60+ now make up almost a quarter of the state's population. With Baby Boomers increasingly reaching retirement age, that number is expected to grow significantly in coming years.

Our goal as an agency is to meet this challenge, to develop and adapt in ways which will allow us to continue to provide support and assistance to a growing number of clients and to help them maintain dignity and independence while aging in their own homes.

With this in mind we have developed these goals for the new fiscal year:

- Adult Day Program
- Workforce Development
- Facility Improvement
- Succession Planning

Fiscal Year 2018 Recap

Numbers and Units are preliminary as our fiscal year (Oct 1, 2017 – Sept 30, 2018) has only just closed

Estimated Annual Budget

Agency Budget 2018	\$1,513,249
Agency Budget 2017	\$1,349,539
Agency Budget 2016	\$1,291,266

COA Client Profile

Registered Clients	•	Average Age
Fiscal year 2018	1,409	74.1
Fiscal year 2017	1,454	74.1
Fiscal year 2016	1,413	74.8

Full Client Assessments Completed

Fiscal year 2018	744
Fiscal year 2017	663
Fiscal year 2016	621

Core Services Delivered

Home Delivered Meals (meals)

Fiscal year 2018	75,741
Fiscal year 2017	68,305
Fiscal year 2016	73,071

Friendship Luncheon Sites (meals)

Fiscal year 2018	9,015
Fiscal year 2017	8,491

Fiscal year 2016 **8,515**

Senior Project Fresh (Coupons Purchased/Distributed)

Fiscal year 2018 **8,540**

Fiscal year 2017 **8,670**

Fiscal year 2016 **8,560**

In-Home Services: Respite Care, Home Maker & Home Health Aides (hours)

Fiscal year 2018 **6,267**

Fiscal year 2017 **7,030**

Fiscal year 2016 **7,058**

Transportation (one-way trips)

Fiscal year 2018 **6,405**

Fiscal year 2017 **6,660**

Fiscal year 2016 **6,220**

Health & Wellness (client class sessions)

Fiscal year 2018 **3,506**

Fiscal year 2017 **4,043**

Fiscal year 2016 **4,459**

Review of COA Departments and Staff

Nutrition

Including Home Delivered Meals, Friendship Luncheon Sites and Senior Project Fresh

Our Nutrition Department remains the cornerstone of our agency, delivering Meals on Wheels, serving Congregate Luncheons and distributing Senior Project Fresh coupons throughout Ionia County. In Fiscal Year 2018, total Home Delivered Meals grew to more than 75,000 delivered, an increase of nearly 7,500 meals over FY 2017. Friendship Meal Sites (Congregate Meals) saw an increase of over 500 meals served in FY 2018 and we distributed over 8,500 Senior Project

Fresh Coupons to qualifying seniors to use for fresh produce purchases at local farms and farm markets.

The Nutrition Department is currently staffed by 1 full-time Nutrition Director, 2 full-time Cooks, 3 part-time Food Service Aides, 5 part-time Meal Delivery Drivers, 1 substitute Meal Delivery Driver and 5 part-time Site Hostesses (with some staff filling more than 1 position). 1 Substitute Meal Delivery position is currently vacant. Paid staff is complemented by numerous volunteers.

Nutrition is on track to earn 100% of its funding from AAAMW which grew by over \$10K over FY 2017.

**In Home Services
Including Respite, Homemaker and Home Health Aide Services as well as Community Living Support and Senior Assist**

In Home Services has had both success and challenges in the past year. Homemaker Services successfully earned 100% of funding from AAAMW, which was increased by \$6K over FY 2017. [correction – in the end we failed to earn \$409 of funding from AAAMW]

However, I project we will fail to earn approximately \$2K of our Respite funding from AAAMW, which was at the same level as FY 2017, as well as nearly \$4,400 in funding from Reliance Community Partners.

Our struggle with Respite funding, and service delivery, boils down to just one issue, our difficulty finding staff. Properly staffed, we would have more than earned our Federal and State funding from AAAMW and Reliance and we would have been able to use existing local funding to meet the needs of Ionia County Seniors. At the close of September, our In Home client waiting list stands at 37 individuals.

It is a struggle. To date in FY 2018 we have hired 7 new, part-time Aides and we have lost 7. One bright spot was the transition of one Aide from part-time to full-time. Thanks to this change we now have staff able to work 54% of allocated In Home hours.

Current staff includes 1 full-time In Home Services Director, one full-time In Home Aide, 12 part-time In Home Aides and two additional part-time In Home Aides currently on leave.

**Transportation
Including COA Fleet and Volunteer Drivers**

Transportation saw a slight dip in the number of trips provided, delivering just over 6,400 trips compared to 6,600 trips in fiscal year 2017.

This was due to a loss of volunteers and volunteer hours. 28% of trips were delivered by volunteers in FY 2017, but only 20% in fiscal year 2018. While we continue to seek out new volunteers, we also moved forward on hiring additional staff drivers with two additional now trained and active.

On the funding front, our AAAWM reimbursement rate for volunteer transportation was changed from \$6.99 to \$13 per unit for FY 2019, which should almost guarantee we will earn 100% of our funding here. MDOT funding for operations remains unchanged and all unspent grant money for vehicles, software and equipment will be rolled over into FY 2019. We currently have funding on hand for the purchase of one All-Wheel Drive vehicle, 2 vans with wheelchair accessible lifts, routing software, 2 desktop computers, a printer and 6 iPads.

Transportation staff stands at: 1 full-time Coordinator/dispatcher, 6 part-time COA staff drivers, 3 part-time volunteer drivers and 1 part-time office assistant who assists with data entry on transportation and HDM vehicles. One additional driver should be brought on board in the near future.

Health & Wellness Programming

FY 2018 saw the successful rollout of our plan to bring Wellness programming to areas throughout the county. Two classes were completed in Portland, three in Lake Odessa and one in Belding, while a Saranac class is in progress. Interest is high and we continue to develop services in this area where research shows the importance of exercise in extending health and independence in older populations.

To do this we continue to train and certify staff and volunteers. Certified staff include: 2 part-time Certified Wellness Instructors, along with 3 other COA staff who are able to assist/teach as their schedules allow, as well as 2 trained volunteers.

Outreach and Administration

Office staff includes 5 full-time positions, the Administrator/COA Director, Nutrition Director, In Home Services Director, Transportation Coordinator and one full-time position split between Casework/Outreach, Administrative Support and Wellness.

Part-time positions include our part-time Wellness Technician, who also assists with Casework and Outreach, 2 additional part-time Caseworkers and 2 part-time Administrative Aides who assist and back up all COA Departments and functions along with working directly with the public providing client outreach and services.

COA Staffing and Volunteers

To date, COA currently employs 45 individuals, 37 part-time and 8 full-time. County allocations

are currently at 60, with a FTE equivalent of 27.45, which indicates several positions are open, while some employees do fill more than one role.

The COA benefits from the good will and hard work of an army of volunteers and we truly could not deliver all that we do without them. **Nearly 5,000 volunteer hours have been documented in fiscal year 2018 to date.**

Key Accomplishments

The past fiscal year saw several key accomplishments at COA, including:

- The transition of one In Home Aide from part-time to full-time
- The transition of one Outreach and Administration position from part-time to full time
- Securing funding to purchase a new freezer and two new refrigerator units
- Securing funding to purchase three new computers and a printer
- Earning increased reimbursement rates for several AAAMW funded services for FY 2019 including Transportation and Respite.
- Earned 100% of Homemaker funding from AAAMW with an additional \$6K granted [correction, we did not earn \$409 of Homemaker funding]
- Two new Transportation Drivers hired with a third on deck
- Began collaboration with ICHD and ISD for workforce development

Looking Ahead

Staff, Technology, Facilities, Services Expansion

Staff

Finding and retaining staff remains our biggest challenge, particularly In Home Aides. We continue our efforts on all fronts and continue to look for new ways to find candidates for positions which can be very difficult to fill.

This year we began collaboration with the Intermediate School District and the Ionia County Health Department to integrate existing resources into a partnership to fill our hiring needs. Together we will apply for funding to help administer a program to create a local workforce to fill the critical need for In Home Aides.

Technology

Our 2018 budget included funds for new computers for most office staff. We recently received funding from AAAWM to purchase 3 new desktops and a back up printer and additional funding is also on hand from MDOT to purchase 2 additional new desktops and a printer. With this additional funding we hope to replace all existing desktop computers by the end of 2018.

Facilities

Rough budget estimates were provided by the former Physical Plant Director for renovations of our current location, as well as the ground floor of the former District Court building to establish an Adult Day Program, which would indicate we do have the funds to make these needed improvements and to expand services. I hope to reach out to you and the County Administrator with additional details for your consideration in the near future regarding these upgrades.

Adult Day Program

We continue to move forward in the development of an Ionia County Commission on Aging Adult Day Program.

In FY 2018 I was able to visit six Adult Day Programs in our area. Myself and other staff also attended several important training opportunities which will add significant value to our coming program. Our agency also continues to host relevant programming to reach out to Ionia County residents who may in future benefit from our Adult Day Program. An early budget has been developed which our COA board will be reviewing at our next meeting.

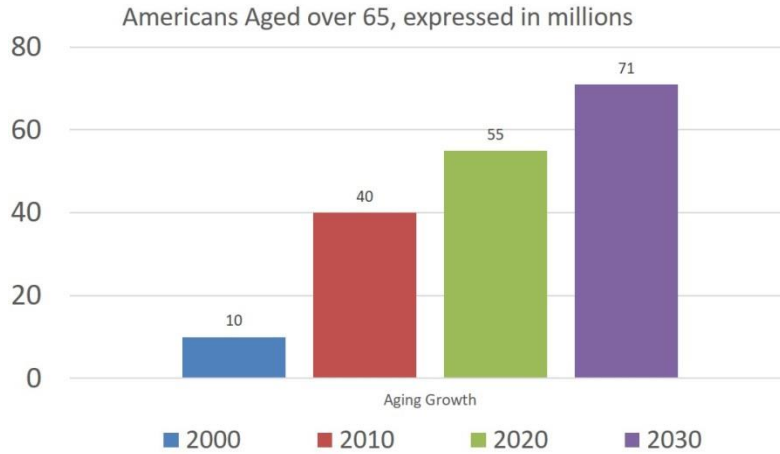
I have also reached out to two significant funding sources from whom I believe we can secure funding to augment Senior Millage resources, fundraising, client donations and copays and so forth. The groundwork is being laid.

We hope to bring you additional exciting news on this much needed expansion of services for Ionia County Seniors in the coming months.

Thank you for your continued support of the Ionia County Commission on Aging. It is truly a pleasure to serve Ionia County and the needs of our older adults and caregivers.

Carol Hanulcik, Administrator

Mel Haga, Chairperson of the COA Board of Directors



<https://www.northshorern.com/the-caregiver-conundrum/growth-projection-for-seniors/>

An Aging Nation

Projected Number of Children and Older Adults

For the First Time in U.S. History Older Adults Are Projected to Outnumber Children by 2035

Projected percentage of population

Year	Adults 65+ (%)	Children under 18 (%)
2016	15.2%	22.8%
2020	16.5%	22.0%
2025	18.0%	21.0%
2030	19.5%	20.0%
2035	21.0%	19.5%
2040	22.0%	19.0%
2045	22.5%	18.8%
2050	23.0%	18.5%
2055	23.3%	18.2%
2060	23.5%	19.8%

Projected number (millions)

Year	Adults 65+ (millions)	Children under 18 (millions)
2016	49.2	73.6
2035	78.0	76.4
2060	94.7	79.8

Note: 2016 data are estimates not projections.

United States[™] Census Bureau | U.S. Department of Commerce
Economics and Statistics Administration
U.S. CENSUS BUREAU
census.gov

Source: National Population Projections, 2017
www.census.gov/programs-surveys/popproj.html