

Ionia County CSHCS

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Dear Ionia County CSHCS Families,

Welcome to summer break! Although not always a break, summer can be a time of fitting in appointments, surgeries and therapies. I would like to take this time to focus on some resources that may be helpful for you this summer!

DID YOU KNOW?

- ✚ **Bridges4Kids** is run by parents. It has information for parents of all children from birth to adult life. For more information visit www.bridges4kids.org.
- ✚ **Michigan Alliance for Families** has information folders, a lending library and one-on-one support for families with children with special needs. Call 1-800-552-4821 or visit their website at <http://michiganallianceforfamilies.org>.
- ✚ **Parent HELpline** is for anyone who needs help **right away**. It is open 24 hours a day, seven days a week. Trained counselors provide crisis counseling, support and information. The free, confidential number is 1-800-942-HELP.
- ✚ **2-1-1 Online!** Through www.MI211.org, you can access information about all of the programs and services that 2-1-1 has available through your fingertips

The **Family Center for Children and Youth with Special Health Care Needs** has information and support for families of children with all types of special needs. To contact them call 1-800-359-3722 or email at cshcsfc@michigan.gov. Some of their services include:

- Information and referrals
- Sibling support/workshops
- Bereavement support
- Support for family/youth transition
- Michigan Family Connections Newsletters.
- Training & support for self-advocacy
- A statewide Parent-to-Parent (P2P) /Family Support Network (FSN)
- Scholarships for parents & youth (16 & older) to attend conferences related to their medical condition
- Connecting families with the Family-to-Family Health Information Center.
- Support for families to participate in CSHCS program & policy development
- Providing input into national health care



As your local CSHCS team, it is our goal to partner with you to provide support and keep you informed of happenings within CSHCS and your local community. *Please feel free to contact us with suggestions for our next newsletter. We want to address topics that are important for our families!*

Summer Fun!!

- Lake Odessa Fair ~ June 27 – July 1
- Ionia Free Fair ~ July 12 – 21
- Kids Day at the Fair ~ July 17
- Lyons-Muir Island Fest ~ August 2 - 4
- Saranac Bridgefest ~ August 25

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Check out your local library for summer reading activities & Park Parties!