

Friendship Luncheon Sites

Our Meal Sites are Reopening! Please call for the latest schedule.

BELDING: Tuesdays at 11:30

Belhaven Community Room, 41 Belhaven
In-person meals OR pick-up.

CLARKSVILLE: Tuesdays at 11:30

Clarksville Community Center, 162 S. Main
In-person meals OR pick-up.

LAKE ODESSA: Tuesdays at 11:30

Emerson Apartments, 1175 Emerson St.
In-person meals OR pick-up.

SARANAC: Tuesdays at 11:30

Senior Housing, 320 Summit St.
In-person meals OR pick-up.
Open to residents only.

IONIA: Tuesdays at 11:30

COA Senior Center, 115 Hudson St.
In-person meals OR pick-up.

PORTLAND: Select Dates

First Congregational Church, 421 E. Bridge St. (Smith St. entrance)
Drive-thru Congregate-to-Go Service!

All meals require an RSVP by NOON the FRIDAY before. Please RSVP at your site or call COA at:
(616) 527-5365

Volunteer Opportunities

We offer volunteer opportunities in several areas such as Meals on Wheels Delivery, Transportation Drivers, Tax Prep, MMAP Counseling and more.

Please call us about opportunities and requirements: (616) 527-5365 or 1-888-527-5365.

The Ionia County Commission on Aging is funded by:

Ionia County Senior Millage

State Appropriations and Older Americans Act Federal Funds received through the Office of Services to the Aging and Area Agency on Aging of Western Michigan, Inc.

Michigan Department of Transportation grant and funding in collaboration with the City of Ionia/Ionia Dial-A-Ride.

Ionia County Board of Commissioners support in various forms.

Community Support in the form of client donations and memorials, local business and agency financial and other support and fundraising events.

The Ionia County Commission on Aging is committed to ensuring that no person is excluded from participation in, or denied the benefits of, COA services on the basis of race, color, national origins, gender, age or disability.



IONIA COUNTY COMMISSION ON AGING



**115 Hudson St. Ionia MI 48846
(616) 527-5365**

**Office Hours: Monday-Friday,
8:30am—5:00pm**

- Congregate Meals
- Home Delivered Meals
- In-Home Services & Respite Care
- Information & Referral
- MMAP Counseling
- Senior Project Fresh
 - Support Groups
 - Transportation
- Volunteer Opportunities
 - Wellness Checks
 - Wellness Classes



The goal of this agency is to strengthen the well being of all Ionia County Seniors and to be the cornerstone of support services for their continued independence.

Eligibility Individuals **60** years of age or older.

Cost No set charge for most services, but client support is made through donations, cost sharing or private pay.

Service Updates

Our agency continues to deliver services throughout Ionia County, with some changes due to the COVID-19 outbreak. New services, or services delivered in new ways, are available to help you during this time.

Our current **Meals on Wheels™** delivery schedule is: Mondays, Wednesdays, Thursdays and Fridays each week. We are delivering a mix of hot, cold and frozen meals, fresh from our kitchen. Drivers will not enter homes to maintain safe social distancing. Holidays may result in delivery schedule changes.

In Home Services have resumed with extra precautions in place to keep staff and clients safe. Wellness Checks are also available to check in with loved ones. Please call for more info.

Respite Certificates are available for use at participating agencies for respite in the home, overnight or for Adult Day Services. Please call for more information.

Transportation

Now available for trips both within Ionia County and to appointments outside the county as our schedule allows. Call for more info.



Senior Center

Our Senior Center in downtown Ionia has reopened! In-person services continue to expand and include:

Caregiver Support Group meets monthly by phone or in person, every 3rd Wednesday of the month from 10-11am. Call COA or the Alzheimer's Association Helpline for dial-in information 800-272-3900.

Wellness Checks are also available to check in with loved ones and to lend an ear of support. Call for more info.

MMAP (Medicare/Medicaid Assistance Program) counseling is available over the phone or in person. COA has 2 trained counselors to help you.

Info & Referral is just a phone call away and your call is always welcome. A COA caseworker can help locate the resources and agencies you need.

Wellness Classes Join us in-person or on ZOOM for classes, hosted Monday thru Friday each week!

Offerings include Tai Chi, EnhanceFitness, Matter of Balance, Armchair Exercise and Walk With Ease. Call for current schedule.

New participants are always welcome!

Equipment Exchange is back!

Donate your items and we will re-distribute to other Ionia County Seniors or find an item you need - shower seats, commodes, wheelchairs, more.

COA Newsletter—Get news and info, including monthly menus and service updates each month in our newsletter. Call at (616) 527-5365 to sign up, or download from our website: www.ioniacounty.org/health/commission-on-aging/

And find us on [Facebook!](#)

Other Support

COA continues to receive and distribute items from the State of Michigan, the Area Agency on Aging of West Michigan and other state and local agencies to support Seniors. Items have included: Food & Personal Care Boxes, Face Masks and Toilet Paper.

We will continue to distribute items to benefit Ionia County Seniors as they become available. Call for more info.

COVID-19 Vaccine Assistance

Do you want the COVID-19 Vaccine or booster but need help? COA can help! Call for more information. For Ionia County residents age 60+.

Senior Project Fresh

Eligible Ionia County residents receive coupon booklets during the summer months to redeem at Michigan Farm Markets.

Coupons may be used for the purchase of fresh, local fruits and vegetables.

Call for more info: (616) 527-5365.